



2023 Term 3

Latham Lunchbox Menu

Open Tuesday, Wednesday and Thursday

Counter sales only on Fridays

Phone 6142 0095

Daily Orders lathamlunchbox@gmail.com - Emma

Feedback canteencoord.lathampandc@gmail.com - Barbara

Munchies (Lunch and Recess)		Sushi Bowls (Lunch)		Hot Food (Lunch)		Pizza (Lunch)	
Fruit salad cup	\$2.50	Brindabella Bowl (Tuna) - DF/GF	\$5.00	Corn on the Cob (sml)	\$0.50	Vegetarian (Capsicum, Corn, Pineapple) (GF/DF option) - V	\$5.00
Seasonal Whole of Fruit	\$1.00	Casuarina Bowl (Teriyaki Chicken) - DF/GF	\$5.00	Dino Snacks (3, 6 or 9)	\$1.00	Cheese (GF/DF option) - V	\$4.50
Carrot Stick (x5)	\$0.50	Umbagog Bowl (Teriyaki Tofu) - DF/GF/V	\$5.00	Fish Cocktails (1 or 3)	\$1.50	Ham (GF/DF option)	\$5.00
Celery Stick (x5)	\$0.50	Soy Sauce - DF/GF	\$0.50	Meat Pie	\$4.00	Ham and Pineapple (GF/DF option)	\$5.00
Cherry tomato (x2)	\$0.50	All bowls come with Sushi rice, Edamame, Corn, Cucumber, Carrot and Seaweed		Sausage Roll	\$3.50	Drinks (Lunch and Recess)	
Hard Boiled Egg	\$1.00			Hot Chips	\$2.50		
Pretzels - DF	\$1.00	Sandwiches (Lunch) white, wholemeal, GF and V options		Hash Browns - DF/GF	\$1.00	Fruit Box	\$2.00
Popcorn - DF/GF/V	\$0.50			Tomato/BBQ Sauce	\$0.50	Plain Milk or Soy Milk (DF)	\$2.00
ANZAC Biscuit - DF	\$0.50	Ham	\$3.00	Pasta (Lunch)		Sippah Straw - DF/GF	\$1.00
Pikelet	\$0.50	Ham, Cheese & Tomato	\$3.50			Frozen Items (Lunch)	
Cheese & Crackers - (GF/DF option)	\$2.00	Chicken (salad optional)	\$4.00	Bolognese (GF/DF option)	\$4.50		
Vege Snacks (Chips) - DF/GF/V	\$1.00	Salad - V	\$3.00	Extra Cheese/Dairy Free Cheese	\$0.50	Frozen Yoghurt	\$3.00
Side salad	\$2.00	Vegemite	\$2.00			Frozen Juice Cup	\$2.00
						Quelch Icey Pole	\$1.00

\$6		Lunch Specials		\$6	
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Week 2 and 3	Chicken Burritos - shredded chicken, rice, corn, cheese and salsa on a corn wrap - GF option
Week 4 and 5	Fried rice with spring rolls - Rice, ham, egg, vegies, soy sauce and 2 vegetable spring rolls - GF/DF
Week 6 and 7	Cheese Burger - bun, meat patty, cheese and tomato sauce - GF option
Week 8 and 9	Quesadilla - beef, corn, tomato, pinto beans, cheese and salsa served on a flat wrap GF/DF option
Week 10	Lamb Snack Packs - sliced lamb over chips with melted cheese and garlic yoghurt - GF

All Term Winter Specials

Chicken Burgers - bun, mayo, lettuce, chicken patty - GF opt. /DF

Meatball Subs - bun, homemade meatballs in a tomato and vegetable base with cheese

Lunch and recess orders via Flexischools only, <https://www.flexischools.com.au/>

Various munchies, drinks and frozen items are available for counter sales during Lunch time only.